

## SPA AND MASSAGE SERVICE

Partnering with Manori Spa for a quality spa experience



Our villa offers guests "in-villa" Spa treatments provided by the Manori Spa's professionally trained staff. The body treatment programs provide therapeutic, relaxing and rejuvenating experiences using natural products to enhance well being and reduce stress.

The Manori Spa offers our guests a choice of aromatic massage fragrances:

- harmonizing and balancing lavender
- refreshing, stimulating lemon and orange
- or relaxing, soothing ylangylang flower oils

All prices are subject to 12.5% government tax

### Aromatherapy Therapeutic Massages



#### Traditional Oriental - Full Body

Our signature massage. Our own rejuvenating and stimulating blend of techniques combine long massage strokes, deep stimulation on muscles and joints along with great stretching (Shiatsu, Swedish, Thai, Reflexology)



#### Tension Relief

Sitting long hours on planes or over a desk, improper posture have inspired these highly beneficial techniques. Our therapists are trained to relieve tension and stress in specific parts of the body. Foot reflexology will also stimulate the body's recuperative power. Choose from:

- Neck, shoulders, upper back
- Lower back
- Full back



🕒 60 minutes

🕒 90 minutes



#### Foot Reflexology Discovery

Tonifying and balancing. Acupressure, deep strokes and drainage will make your feet and full body feel entirely new. Start with, lavender, peppermint, flower petals foot wash for **60 minutes**.



Our **90 minutes** treatment starts with a luxurious aromatic and mineral salts foot bath while our staff massage your neck and shoulders.

**Pregnancy Massage** Will make you feel lighter again. (60 minutes only)



### Four Hands Massage

A new signature massage. A marvelous choreography performed by two therapist working in perfect harmony produces an unforgettable journey. Swedish, Lomi-lomi, Myofascial Stretching, Percussion and Rocking are used in this technique.

- 60 minutes
- 90 minutes

## Body Mask/Wrap (Masque Corporel)



All treatments begin with a traditional relaxing massage to improve body metabolism. The body is wrapped with a thermolactic film increasing heat stimulation as well as facilitating ingredients absorption into the body's pores to relieve stress. A warm aromatic tropical flower bath completes the experience

### Traditional Balinese Boreh

Pepper, clove and ginger are mixed in the "Boreh" of natural ingredients used to stimulate blood circulation and eliminate toxins

- 2 hours

### Mud Mask

Our superfine volcanic mud from the slopes of Bali's highest peak, Gunung Agung, is extremely rich in minerals and nutrients that suit all skin types. For deep pore cleansing, plus wrinkle-fighting richness.

- 2 hours



### Seaweed Mask

A superb choice for dry skin. Effectively combats age spots and freckles, too!

- 2 hours

### Enriched Cooling Sea Weed

This treatment is ideal for UV-damaged skin or after prolonged sun exposure. Aromatic fragrances of lavender, geranium and mandarin will leave you completely renewed before your relaxing massage. Product from Spa Essentia Singapore

- 2 hours

## Body Scrub (Skin Exfoliation - Peeling - Gommage)



All "body scrub" treatments end with a traditional relaxing massage to harmonize your senses. A warm aromatic flower bath completes the experience.

### Coffee Scrub

Stimulates the circulation and refresh the skin. An activating scrub for all skin types

- 2 hours



### Marine Crystal Salts Glow

Recommended for men. Also beneficial for women. Sea crystals rich in minerals are combined with jojoba oil and lavender to ensure the perfect exfoliation, revealing your skin's natural healthy radiance.

- 2 hours



### Royal Javanese MandiLulur

A traditional retreat to luxury. The "Lulur", enhanced with the softness of mangir (paste) combines a blend of traditional spices and roots rubbed onto the whole body exfoliate the skin. It is followed by a refreshing yogurt moisturizer restoring the skin's natural PH balance.

🕒 2 hours

### Coconut Scrub

Leaves skin smooth and shining, radiant and restored. And it's superb for sensitive skin.

🕒 2 hours



### Green Tea Scrub

Green tea is an antioxidant par excellence, to counteract aging and toxins. In this scrub, it's especially beneficial for oily skin.

🕒 2 hours

### Relaxing Mineral Flores Island Sea Mud

Mineral rich Flores Island Sea Mud is mixed with essential oils of cedar wood, cananga, orange and thyme, which is rubbed to exfoliate the skin, leaving you completely relaxed and refreshed.

🕒 2 hours

## Other Services



### Hair & Scalp Sensations.

#### De Luxe hair spa "L'oreal" Cream Bath

Enjoy the outrageous pleasure of this traditional Indonesian treatment. A rich conditioning cream is massaged into scalp and hair in an experience that is just blissful. It includes a neck, shoulders and arm massage and finishes with blow dry to reveal your hair new radiance. We use products for normal, dry or oily hair per your request

🕒 60 minutes

#### Traditional Facial

Our facial massage provides relaxation, drainage and activation of the skin's metabolism using an aloe vera base, known for its healing properties. It is ideal for cooling, soothing and rejuvenating sun damaged skin. Enjoy a hand, arm or foot massage, completing the experience. For normal - oily skin or sensitive-dehydrated. (per your request)



Biokos - Martha Tilaar (reputable local product)

🕒 60 minutes

Product from Spa Essentia - Singapore

🕒 60 minutes



#### Deluxe Manicure - Pedicure

Full nail grooming combined with an aromatic lavender soak and massage to beautify and pamper your hands and feet.

Deluxe Manicure

Deluxe Pedicure

#### French Manicure. A more natural look

French Manicure

French Pedicure

**Enjoy our discount package**



**Touch of Bali**

One hour massage of your choice + facial

🕒 2 hours

**Pampering Indulgence**

90 minutes massage of your choice + De Luxe L'oreal Creambath

🕒 2 hrs 30 min

**Spice Island**

1 Body scrub or 1 body mask + manicure + pedicure  
(not applicable for island sea mud and cooling seaweed)

🕒 3 hrs 30 min